

Course outline

PART 1 LEARNING OUTCOMES

On completion of the course it is intended that participants will be able to:

- Demonstrate an understanding of a social model of health and other key ideas about health and explain how these models/ ideas relate to their own lives and communities.
- Demonstrate an understanding of the causes of health inequalities and the impact they have on different groups in society.
- Demonstrate a general understanding of community development approaches to tackling health inequalities and how these can be applied.
- Participate effectively in a group process and collect, organise and present information using a variety of methods.
- Reflect on own learning and practice, and analyse strengths and weaknesses

Part 1: Health and Society

Unit 1 - What health means to me

Introduction and sharing ideas. Social and medical explanations of health.

Unit 2- Different ways of thinking about health

At different times in history or in different parts of the world, people developed ideas about health that we can still recognise today.

Unit 3 - Poverty, inequality and health

What do we mean by equality? Mapping it out at local level. Making sense of facts and figures.

Unit 4 - Different experiences, common problems

Many factors affect people's health. But these are experienced in different ways by different groups of people. Introduction to the idea of equity and health.

Unit 5 - Participation and power

What are the obstacles to participation? How can we have more say in the planning and provision of services? When and why do we feel powerless?

Unit 6 - Community development and health

What is community development? The community health movement - influences and values.

Unit 7 - The Group Project

Small group presentations to a local audience of invited guests.

Unit 8 - Reflection and review of Learning

Reflection and review of the learning so far. Mid-point assignment.

Course Outline part 2 Ideas into action

PART 2 LEARNING OUTCOMES

On completion of HIIC part 2 it is intended that participants will be able to:

- Demonstrate a broad understanding of a social model of health and the causes of health inequalities.
- Develop a broad understanding of a community development approach in health and the key concepts and principles that inform this approach.
- Demonstrate a broad understanding of community research methods.
- Use a range of community research methods in project work and use a wide range of skills in presenting the outcomes of this work to their peers.
- Work under their own initiative and as part of a team in carrying out project work.
- Reflect on their own learning and practice throughout the programme.

Unit 9 - Global perspectives to local realities

Outline of programme for Part 2. How thinking about community health has developed at global and national levels.

Unit 10 - Community research

Providing group members with the skills necessary to carry out practical research within their community

Health Issues

in the Community

Health Issues in the Community

Unit 11 - Private troubles and public issues

The unit focuses on the issue of food to illustrate the underlying causes of health issues and how these can be tackled using a community development approach.

Unit 12 - Making democracy work

A basic introduction to 'who does what' in the health services. Learning about the different structures and talking to some of those involved. Consumers or citizens?

Unit 13 - Getting below the surface

Ideas about education for social change. How to enable people to say what really concerns them and to identify the key issues.

Unit 14 - Working with groups

What makes a group work well? What makes it frustrating? Examining the different things that go on in groups. Introduction to the 'Task and Process' aspect of groups.

Unit 15 - Community research projects - Presentation and Analysis

Group presentation on the findings of their research

Unit 16 - Review and Evaluation

Final help with assignment. Review of learning and Course evaluation.